

Date:	AM Snack	Lunch	PM Snack
<b>Week 1</b>	<b>2021 January</b>		
04-Jan	Belgian waffles, oranges	Corn chowder with buns	Apple slices, goldfish crackers, dried fruits
05-Jan	Strawberry yogurt, cinnamon raisin bread	Beef teriyaki, Jasmin rice and vegetables	Veggies and hummus, wheat crackers
06-Jan	Buttermilk Pancakes, banana	Cheddar perogies and sliced hot dogs, Caesar salad	cheesy bread, pineapple slices
07-Jan	Toast and jam, cottage cheese	Penne with meatballs and marinara sauce	Banana bread, canned pears
08-Jan	sausage, egg patty, hashbrown and fruit	Chicken and white bean stew, focaccia bread	Trail mix, fresh fruit
<b>Week 2</b>			
11-Jan	Breakfast egg patties, fresh fruit	Chicken noodle soup, ham, and Havarti sandwich	Fruit platter, cheddar rice cakes
12-Jan	Cereal and milk, dried fruits	Mac and cheese	Potato hasbrowns, sliced apples
13-Jan	Blueberry yogurt, house made granola	Meatloaf, kale slaw	Ham and cheddar cubes, wheat crackers
14-Jan	Fruit salad, cinnamon raisin bread	Crispy chicken fried rice	Carrot muffins, fresh fruit
15-Jan	Apple and brown sugar oatmeal	Beef Cottage pie and salad	Trail mix, fresh fruit
<b>Week 3</b>			
18-Jan	French toast, fresh fruit	Butternut squash soup, Cheese buns	Sliced pears and Havarti, goldfish
19-Jan	Banana yogurt, house made granola	Roasted red pepper and sausage penne	Muffins, fresh fruit
20-Jan	Buttermilk Pancakes, banana	Sweet red Thai chicken coconut curry, Jasmin rice	Veggies, house made ranch and rice cakes
21-Jan	Toast and jam, cottage cheese	Burrito casserole	mini pizza, pineapple slices
22-Jan	sausage, egg patty, hashbrown and fruit	pulled pork tacos	Zucchini chocolate loaf, fresh fruit
<b>Week 4</b>			
25-Jan	Breakfast egg patties, fresh fruit	Potato leek soup, turkey sandwich	Bread pudding, stewed peaches
26-Jan	Cereal and milk, dried fruits	Creamy macaroni with ham and peas	Potato hasbrowns, sliced apples
27-Jan	Peach yogurt, house made granola	Beef stew, buns	Muffins, fresh fruit
28-Jan	Blueberry oatmeal	Deconstructed chicken pot pie	Ham and cheddar cubes, wheat crackers
29-Jan	Peach applesauce, graham, banana	Hot dog day, green salad	Chicken nuggets, carrots, and cucumbers