



Date:	AM Snack	Lunch	PM Snack
Week 1	2019 April		
1-Apr	Peach applesauce, graham cracker	Chicken Noodle Soup. Assorted dinner rolls DF	Rice cakes, fresh fruit
2-Apr	Belgian Waffles, Fresh fruit	Rotini with Bolognese sauce DF	Sliced pears and Havarti cheese
3-Apr	Cereal, milk and dried fruits	Sweet red Thai coconut chicken, vegetables, Jasmin rice. DF	Muffin and fruit
4-Apr	Peach yogurt, House-made granola	Ham sandwich on focaccia. Artisan green salad DF	Naan bread, tzatziki dip
5-Apr	Breakfast egg patties with ham and cheddar	Burrito Casserole DF	Trail Mix, fresh fruit
Week 2			
8-Apr	Toast and Jam. Cottage cheese	Maple roasted carrot soup, pretzel buns DF	Vegetable crudité with Goldfish crackers
9-Apr	Strawberry yogurt, graham cracker	Mac and Cheese (creamy carrot cheddar sauce)	Muffin and fruit
10-Apr	Fruit salad. Raisin bread	Chicken Teriyaki, vegetable stir fry. Jasmin rice DF	Fresh pineapple, Rice cakes
11-Apr	Buttermilk Pancakes. Banana	Brunch Day: Sausages, scrambled eggs and roasted potatoes DF	Ham and cheddar cubes. Wheat crackers
12-Apr	Ham and cheese rolled omelet. Fresh fruit	Smoked turkey Sandwiches, Caesar salad DF	Oatmeal raisin cookie bars, banana
Week 3			
15-Apr	Peach applesauce, graham cracker	Roasted vegetables and tomato bisque. Pita bread DF	Rice cakes, fresh fruit
16-Apr	Belgian Waffles, Fresh fruit	Sloppy Joes. Artisan green salad DF	Sliced pears and Havarti cheese
17-Apr	Blueberry yogurt, House-made granola	Creamy, lemon chicken pasta with spring vegetables.	Muffin and fruit
18-Apr	<i>Special Surprise Easter Snack</i>	Crispy Cod Bites, apple raisin coleslaw. Jasmin rice DF	<i>Special Surprise Easter Snack</i>
19-Apr	GOOD FRIDAY		
Week 4			
22-Apr	EASTER MONDAY		
23-Apr	Toast and Jam. Cottage cheese	Butternut squash soup. Cheesy bread DF	Vegetable crudité with Goldfish crackers
24-Apr	Peach yogurt, House-made granola	Deconstructed chicken pot pie	Muffin and fruit
25-Apr	Buttermilk Pancakes. Banana	Hamburger macaroni DF	Ham and cheddar cubes. Wheat crackers
26-Apr	Breakfast egg patties with ham and cheddar	White bean and chicken stew (cassoulet) DF	Cinnamon Bread pudding, fresh fruit